



Annual Report 2009

Nonprofit membership organization offering advocacy, resources and connections to individuals with developmental disabilities and their families in mid-Minnesota including Autism, Down Syndrome, Fragile X, Fetal Alcohol Syndrome and more.



Rally Day at the State Capitol



**Arc Annual Picnic and
Buddy Walk and Roll**

Mission statement:

Arc Midstate works to ensure that the rights of people with developmental disabilities such as Autism Spectrum Disorder, Down Syndrome, Fragile X, Fetal Alcohol Syndrome and other conditions, are protected, and they are supported to live, learn, work, and play as they choose.



Arc Midstate Annual Report 2009

Arc Midstate exists because people with developmental disabilities and related conditions need help to ensure that their rights as citizens are protected and that they are supported to live, learn, work and play as they choose.

One out of ten American families is directly affected by developmental disabilities, which cuts across the lines of racial, ethnic, educational, social and economic backgrounds.

Our vision is a world where people with developmental disabilities have equal opportunities to choose their own path and make their own decisions.

Arc Midstate serves Stearns, Benton, Morrison and Todd Counties including areas such as Albany, Clear Lake, Clearwater, Cold Spring, Fair Haven, Kimball, Little Falls, Sartell, St. Joseph, Sauk Rapids and Waite Park

A Few 2009 Highlights

During 2009 Arc Midstate provided services or information to over 3,200 people through various programs, events, support groups, advocacy efforts and training opportunities.

859 people participated in various family support activities including parent groups, Sibsdays events, Pilot Parent matches and the Opening Doors program for help with child care or respite care.

2157 people participated in various training opportunities through Arc Midstate including Autism Workshops, Fetal Alcohol Syndrome prevention, Get Set – training for special education success, regional Potpourri Conference & Project Exceptional training sessions on Down syndrome and other special needs topics.

189 people benefited from advocacy services
And civic engagement opportunities

Gale Erdmann – President

Dist. 742 Community Ed

Mary Rogers – Treasurer

Catholic Charities

(sibling/guardian)

Brett Nelson -Secretary

Juniper (parent)

Joanie Meyer

Arc Minnesota Board Member

School District 742 – St. Cloud and Parent

Rebecca Schroeder

Psychologist – CentraCare Clinic

Marie Kigin

Quiet Oaks - Parent

Dianna Nelson

Adult Foster Care Provider – Sibling

Tom Janson

Attorney at Law

Cindy Owen

Executive Director

Programs and Services of Arc Midstate:

*Advocacy – individual and systems
Sibsdays Events
Midstate Pilot Parents
Fetal Alcohol Syndrome education and prevention
Leisure Resource Funds
Lending Resource Library
Social events such as picnics, dances etc.
Family Support Activities
Opening Doors program addressing child care
and respite care needs for families with children with a
variety of special needs
New! Housing Access Services Program
Locally produced newsletter
Workshops and conferences
Get Set – special education training
Information and Referral*

Arc Midstate Financial Summary 2009

EXPENSES			REVENUES	
<u>Program Services</u>				
Family/Caregiver Support	44,661			
Advocacy/Civic Engage.	31,080		United Ways	51,250
Training/Education	64,929		Grants	88,128
Outreach Com. Events	24,237		Contribution non cash	3,000
Total Program Services	164,907		Individual Contributions	8,733
<u>Supporting Services</u>				
Fundraising	13,151		Special Events	30,131
Administration	9,675		Membership Dues	2,770
Total Supporting Services	22,826		Program Fees	17,536
Total Expenses	187,733		Interest/Dividends	311
			Realized Loss on Invest.	(291)
			Unrealized Gain on Invest	1,522
			Miscellaneous	924
			Total Support & Revenue	204,014
			Assets Checking/Cash	71,180
			Receivables	9,406
			Bette Pollreis Mem. Fund	7,442
			Net Property	2,857
			Total Assets	90,885
			Total Liabilities	12,377
			Total Net Assets	78,508
			Change in net assets	16,281

Advocacy • Resources • Connections

Arc Midstate – street address: 110 2nd Street South – Suite 305 – Waite Park, MN 56387

Mailing address: P.O. Box 251 – St. Cloud, MN 56302

Phone: 320.251.7272 Toll Free: 877.251.7272

Fax: 320.253.6844 Website: www.ArcMidstate.org Email: Info@arcmidstate.org

Arc Midstate Staff 2009

Cindy Owen – Executive Director

Sara Poginy – Adm. Assistant

Rita Trettel – Pilot Parents and Civic Engagement

Karrie Halbur – MOFAS and Family Liaison

Deb Wenz- Housing Access Coordinator

206 Volunteers giving more than

1900 hours of services



Arc Midstate has been extremely important to me and my family throughout the years. Arc Midstate does an excellent job of providing personal one to one support for families, and has helped me with countless questions regarding school and county services. Arc provides me with a listening ear when needed, and that has helped me tremendously. Raising a child with special needs takes us along new learning and emotional experiences, and we are very thankful to have a local organization like Arc Midstate to help us with our journey".



Pregnant Pause Event

Autism Resource Fair



Buddy Walk and Roll

Capitol Rally



Thank you Marlene !

